



General Guidelines for Cooking with Neocate One+ and Neocate Junior Unflavored Powder

- ◆ Reconstituted Neocate One+ or Neocate Junior may be heated gently but not boiled.
- ◆ Preferably add Neocate One+ or Neocate Junior as a dry powder to each portion of cooked food just prior to consuming. Let food cool to eating temperature before adding the powder.
- ◆ The amount of Neocate One+ or Neocate Junior that could be added to a child-size portion will vary depending on the age, the type of food and the size of the portion. However, too large a dose of Neocate One+ or Neocate Junior in a small portion of food would present a high osmotic load and affect palatability. We recommend starting at 15 - 25 g of powder (see household measurements) per portion and increase gradually as tolerated to a maximum of approximately 50 g of powder per portion, depending on age and portion size.
- ◆ Water or other fluids must always be given with or after foods containing Neocate One+ or Neocate Junior.
- ◆ If the foods containing Neocate One+ or Neocate Junior are refused or left, the equivalent amount of Neocate One+ or Neocate Junior should be given as a drink.
- ◆ Neocate One+ or Neocate Junior could be added to rice pudding, soups, casseroles, mashed potatoes, broths, etc.